



# BIOGRAPHY

## Paul A Young, M.D., M.P.H., M.S.S., FAsMA, DABPM

In July of 2018 after over 35 years of total Military service Col (Dr.) Paul A. Young retired from his beloved five-year position as 25<sup>th</sup> AF Command Surgeon, Joint Base San Antonio (JBSA). In that role he was responsible for medical support of over 30,000 personnel serving in core mission elements of multisource intelligence, surveillance, and reconnaissance (ISR) in over 74 locations worldwide. As the lead medic, Dr. Young advised all ISR commanders on human factors, workplace performance optimization, risk management, healthcare plans, guidance, oversight, and operational policies. He facilitated medical care, resource manning and applied initiatives and programs that maximized occupational health, well-being, and operational performance to ensure combat readiness. His engagements also crossed over into the realm of coordinating healthcare and health initiatives with the Air National Guard and AF Reserve Component entities, the National Security Agency, and the Department of State. Dr. Young also worked as DoD ambassador for numerous international security and Partner Nation phase zero operations. In his current role since Oct 2020 as JBSA's 5G Executive Telemedicine Investigator, Dr. Young advises on DoD telemedicine program concepts for the Office of the Undersecretary of Defense, Research and Engineering (OUSDR & E). He facilitates incorporation of future wireless technologies into telemedicine and medical training, proposes interoperable initiatives, defines strategic plans, and investigates experiments which will eventually bring secure and untethered medical capabilities to the "Operational Edge" for all DoD medical personnel.



### Other Recent Military History:

- Director of AF Expeditionary Medical Readiness Jun 2010 – May 2012, Office of the Surgeon General, Arlington, VA.
  - o Managed five Divisions which led the Service for DoD International Health Relations, Education and Training, Joint Doctrine, Medical Plans, and Homeland Security – Chemical/Biological/Radiation/Nuclear Readiness. Facilitated DoD Medical Readiness and Standards.
  - o Served functionally as Deputy Assistant Surgeon General, Strategic Medical Plans, Programs and Budget
    - Chair, AF Medical Services Group
    - Aerospace and Flight Operational Medicine Corporate Board Member - 13 years
    - AFMS Council and mentor in all aspects of Air Staff Aerospace Medical Operations, DoD Inspection Assessments as a trusted affiliate /consultant 2004 - 2018.

### Education:

- BS, Biology/Pre-Med - North Carolina State University, AFROTC Commission – May 1983
- Medical Degree - May 1987, University of NC Chapel Hill
- Master of Public Health - May 1997, Univ. of Texas Health Science Center, San Antonio, Texas. Thesis: "Illicit Drug & Substance Abuse Among Military 18 - 25 Year Olds: Policy, Principles, & Control"
- Aerospace & Occupational Medicine Residency – American Board of Preventive Medicine Specialists - Jul 1997 – Jun 1999; Brooks AFB, San Antonio, TX. -- ABPM Certified Specialist through Jan 2030

- Master of Military Strategic Studies - May 2013; Air University (AU) - Air War College, Maxwell AFB, AL. Professional Studies/Thesis: "Improving the USAF International Health Specialist Program to Meet National Strategic Objectives."
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### **Activities Synopsis:**

Dr. Young is a Diplomat of the American Board of Preventive Medicine, with specialization in Aerospace and Occupational Medicine. He is a recognized Fellow for the Aerospace Medical Association and is a Senior Member and Board Officer of several medical international councils to include the North Atlantic Treaty Organization Research and Technological Organization, the International Aerospace Standards Working Group, Corporate Committees for the Aerospace Medicine Association, and the American Society of Aerospace Medicine Specialists where he has served executive positions as the former Secretary 2004 – 2008, and National President in 2008.

Dr. Young has been proclaimed as a Renaissance Flight Surgeon and Subject Matter Expert in the following fields and disciplines: Aerospace/Occupational/Preventive Medicine; Lifestyle Medicine; Medical Service Foundation Development; Hospital Accreditation and Evaluation; Military Deployment Medical Readiness and Training; Public Health and Industrial Hygiene; Disaster Life Support and Preparedness for Emergency Procedures and Strategic Planning; Hospital Management; International Health Service Relations and Partnership Capacity Building – North Atlantic Treaty Organization (NATO) Medical Ambassador; International Healthcare Training and Policy Standardization; Human Performance Enhancement, Optimization, and Resiliency Development; Focused Proactive Preventive care for Cognitive and Physical Stressors for Cyber and Virtual Telewarriors. His vast experience also tailored work for Military Accessions and Waiver Protocol Development and Management of Veterans' Disability Compensation and Evaluations.

Dr. Young continues to advance his passion for healthcare and process improvement through advising and supporting Military teams across all spectrums of healthcare. This is now reflected in his current business engagement as the OUSD R & E / JBSA Medical Subject Matter Expert for 5G Telemedicine Development and Medical Training.